1 Thessalonians 5:1-11 p1188 of the Church Bibles

5 Now, brothers and sisters, about times and dates we do not
need to write to you, **2** for you know very well that the day of
the Lord will come like a thief in the night. **3** While people are
saying, “Peace and safety,” destruction will come on them
suddenly, as labor pains on a pregnant woman, and they will
not escape.

4 But you, brothers and sisters, are not in darkness so that this
day should surprise you like a thief. **5** You are all children of the
light and children of the day. We do not belong to the night or
to the darkness. **6** So then, let us not be like others, who are
asleep, but let us be awake and sober. **7** For those who sleep,
sleep at night, and those who get drunk, get drunk at night.
8 But since we belong to the day, let us be sober, putting on
faith and love as a breastplate, and the hope of salvation as a
helmet. **9** For God did not appoint us to suffer wrath but to
receive salvation through our Lord Jesus Christ. **10** He died for
us so that, whether we are awake or asleep, we may live
together with him. **11** Therefore encourage one another and
build each other up, just as in fact you are doing.

This is the word of the Lord

Thanks be to God